

Appendix L

Explanation of Mental Retardation Services Provided by the Texas Department of Aging and Disabilities

and

Lists of Active Providers in the Lubbock Area

EXPLANATION OF SERVICES AND SUPPORTS

The following information includes a brief description of mental retardation services and supports provided by the Texas Department of Aging and Disability Services (DADS). Many of the following services and supports have an Interest List because they are not currently available. If a particular service or support is desired, it is recommended that the individual's name be added to the Interest List as early as possible. If an individual is currently receiving a particular service or support, his or her name can be added to the Interest List for other services and supports.

Information about these services and supports can also be found at www.dads.state.tx.us. On the left side of the screen, click on "Mental Retardation," click on "Information for Persons with Mental Retardation," and then click on "Available services." If you would like more information about services and supports such as a listing of providers in your area, please contact a representative of your local mental retardation authority (MRA). You can find the MRA in your area by accessing the Web site listed above.

Services and Supports Provided Through DADS

The following information includes a description of a variety of services and supports, organized by funding (general revenue or state funded and Medicaid) and by program type. The following listing includes a range of services and supports – from community-based services and supports which enable an individual to remain in his or her own or family home to residential services in which the individual resides in a structured setting that provides 24-hour supervision.

General Revenue (GR) Funded Services

GR-funded services are intended primarily to assist an individual to remain in his or her own or family home. These services are provided by or through a local MRA. With the exception of "determination of eligibility for mental retardation services and supports," in order to receive GR funded services, an individual who resides in the MRA's service area must:

- ⌚ Have mental retardation, which is based on:
 - A measure of the individual's intellectual functioning (i.e., IQ);
 - A determination of the individual's adaptive behavior level (ABL); and
 - Evidence of the disability originating during the individual's developmental period (i.e., before 18 years of age);
- ⌚ Have a pervasive developmental disorder (e.g., autism);
- ⌚ Be a nursing facility resident who is eligible for specialized services for mental retardation or a related condition pursuant to §1919(e)(7) of the Social Security Act; or
- ⌚ Be a child who is eligible for early childhood intervention (ECI) services.

Medicaid ICF/MR Program

ICF/MR Program (Intermediate Care Facilities for Persons with Mental Retardation):

An ICF/MR, which may be operated by a private or public entity, provides residential and habilitative services, medical services, skills training, and adjunctive therapies with 24-hour supervision and coordination of the individual program plan. These residential facilities range from six beds to several hundred beds for persons who have mental retardation or a condition related to mental retardation (related condition).

The two categories of ICF/MR are:

⌚ **State Mental Retardation Facilities** – There are thirteen campus-based ICF/MR facilities located across the state. These facilities (also known as state schools or state centers) serve approximately 100 to 600 individuals. Staff focus on providing intensive and specialized residential services for individuals with severe or profound mental retardation and those individuals with mental retardation who are medically fragile or who have behavioral problems. Although the ICF/MR Program criteria include individuals with a related condition only, state law limits admissions to state mental retardation facilities to individuals with mental retardation.

⌚ **Community-Based ICF/MR** – These are community-based residences for individuals who have:

- Mental retardation;
- An IQ of 75 or below with a related condition originating prior to 22 years of age; or
- A related condition with moderate to extreme problems with behavioral and medical issues.

The owner/operator of each community-based ICF/MR may determine for its facility, additional specific admission criteria.

Although the MRA maintains a list of the names of individuals interested in receiving services and supports (including ICF/MR services) in the MRA's service area, each community-based ICF/MR can maintain its own interest list. The individual may select a particular ICF/MR; however, the ICF/MR must have a vacancy and the ICF/MR provider must agree to the individual's admission into the ICF/MR. Community ICFs/MR vary in size as follows:

- Small Community ICF/MR – serves up to eight individuals;
- Medium Community ICF/MR – serves between nine and 13 individuals; and
- Large Community ICF/MR – serves 14 or more individuals.

Information about current vacancies at ICFs/MR can be found at www.dads.state.tx.us. On the left side of the screen, click on "Mental Retardation," click on "Information for Persons with Mental Retardation," and then click on "Find an ICF/MR and search for vacancies."

Medicaid Waiver Programs

Medicaid home and community-based waiver programs provide services and supports to persons with mental retardation who live in their own or their family's home or in other home-like settings in the community. (They are called "waivers" because certain ICF/MR requirements are "waived.")

In most situations an individual who is eligible for the ICF/MR Program is also eligible to participate in one of the waiver programs. An important and distinguishing feature of funding provided in the waiver programs is the funding's ability to move with the individual to any part of the state. For example, if an individual enrolled in a waiver program in Houston, then moves to El Paso, he or she can continue to participate in the waiver program in El Paso. An individual also can change providers within the same city or area of the state.

Public or private entities may provide waiver program services and supports. DADS certifies all waiver providers initially and then reviews each provider at least annually to ensure the provider continues to meet the program certification principles.

The two waiver programs are:

- ⌚ Home and Community-based Services (HCS) Program: The HCS Program provides services to individuals with mental retardation who live with their family, in their own home, in a foster/companion care setting, or in a residence with no more than four individuals who also receive services. The HCS Program provides services to meet an individual's needs so that he/she can maintain him/herself in the community and have opportunities to participate as a citizen to the maximum extent possible. Services consist of case management, adaptive aids, minor home modifications, counseling and therapies, dental treatment, nursing, residential assistance, respite, day habilitation, and supported employment. In the HCS Program, individuals pay for their room and board either with their SSI check or other personal resources. There is a limit to the yearly cost of services provided through the HCS Program.
- ⌚ Texas Home Living (TxHmL) Program: The TxHmL Program provides essential services and supports so that individuals with mental retardation can continue to live with their families or in their own homes in the community. TxHmL services are intended to supplement instead of replace the services and supports an individual may receive from other programs, such as the Texas Health Steps Program, or from natural supports such as his or her family, neighbors, or community organizations. Services consist of community support, nursing, adaptive aids, minor home modifications, specialized therapies, behavioral support, dental treatment, respite, day habilitation, employment assistance, and supported employment. Service coordination is provided to the individual by the MRA. TxHmL Program services are limited to a yearly cost of \$10,000 per participant.

If an individual's name is on the Interest list for the HCS Program, he or she may be offered an opportunity to enroll in the TxHmL Program. If the individual enrolls in TxHmL, his or her name will remain on the Interest List for the HCS Program.

If an individual is offered an opportunity to enroll in either the HCS or TxHmL Program, the MRA will provide information about the applicable timelines for enrollment.

Day Habilitation Provider List

Provider	Contact	Phone/Fax/E-mail	Address	Code/Contract #
Alternative Business Services	Phyllis Linker	747-3702/747-4603	524 E.40 th St, 79404	
Adult Day Activity Center	Cindy Willis	793-1101/793-1150	2807 42 nd St, 79413	
Community Access commaccess@aol.com	Joe Dempsey	780-5054 / 780-7950	8212 Ithaca, Ste F, 79423	837 / 5042
Daybreak-HCS daybreakclub@aol.com	Kirk Coats	784-0722/784-0753	6306 Iola Ste 100, 79424 PO Box 98120	8DP / 5053
Lubbock Adult Day Center	Diane Taylor	796-2273	8004 Indiana B-18, 79423	
Lubbock Regional dcarrasc@mhmr	Darla Carrasco	766-0282 / 766-0340	PO Box 2828, 79408	150 / 5047
Marion Moss Enterprises	Michael McDaniel	763-1856/763-3504	501 E. 42 nd St, 79404	
Rock House Support dperkins@rockhouseinc.com	Deborah Perkins	785-7144 / 785-7587	3212-34 th St, 79410	856 / 5050

HCS Active Provider List

Provider	Contact	Phone/Fax	Address	Code/Contract #
American Habilitation nscott@ahsonline.com	Nona Scott	749-0900 / 749-1112	4601 50 th St. Ste 216 79414	820 / 001007002
CALAB, Inc. karla2818@aol.com	Karla Roberts	767-0685 / 767-0687	5313 B 50 th , 79493 PO Box 93843	884 / 001007005
Cherry Tree ceaton5403@aol.com	Cherry Ryan	797-9859 / 785-3289	5322-22 nd , 79407	8GE / 001007001
Community Access commaccess@aol.com	Stacy Quisenberry	780-5054 / 780-7950	8212 Ithaca, Ste F, 79423	837 / 001007009
Daybreak-HCS daybreak-hcs.com	Cindy Davis	784-0722/784-0753	6306 Iola Ste 100, 79424 PO Box 98120	8DP / 001007026
Lubbock Regional dcarrasc@lubbockmhmr.org	Darla Carrasco	766-0282 / 766-0340	PO Box 2828, 79408	150 / 001007016
Mosaic les.jackson@mosaicinfo.org	Les Jackson	794-9334/794-9337	5901 63 rd Ste D, 79424	87S / 001007902
Rock House Support tempie-juliano@rockhouses.org	Tempie Juliano	785-7144 / 785-7587	3212-34 th St, 79410	856 / 001007021

ICF Active Provider List

Provider	Contact	Phone/Fax	Address
Agnes Dent Homes I Connie317@aol.com	Connie Fulbright	797-3660 / 797-6681	4805 16 th , 79416 Lubbock, Texas 79416
Agnes Dent Homes III ceaton5403@aol.com	Cherry Ryan	797-9859 / 785-3289	5322-22 nd , 79407 Lubbock, Texas 79424
Anadale Manor	Coy Paris	866-9186	Route 1, Box 389 Wolforth, Texas 79382
CALAB, Inc karla2818@aol.com	Karla Roberts	767-0685 / 767-0687	5313 B 50 th , 79493 PO Box 93843
Educare Community Living www.rescare.com	Jody Ketcherside	793-9694 / 793-9697	4412 74 th Street, Ste C100 Lubbock, Texas 79424
Levelland Development Center lperez@ahsonline.com	Lynn Perez	894-4902 / 894-9605	1515 5 th Street Levelland, Texas 79336
Lubbock Regional MHMR gsanders@LubbockMHMR.org	Glenda Sanders	790-6754 / 767-1725	P.O. Box 2828 Lubbock, Texas 79408-2828
Lubbock State School carla.prell@dads.state.tx.us	Carla Prell	741-3539 / 741-3563	P.O. Box 5693 Lubbock, Texas 79408
Mosaic les.jackson@mosaicinfo.org	Les Jackson	794-9334 / 794-9337	5901 63 rd Street, Ste. D Lubbock, Texas 79424
Westview Residential	Kathy Ruiz	785-6825	2133 71 st Street Lubbock, Texas 79412

Texas Home Living Active Provider List

Provider	Contact	Phone/Fax	Address	Code/Contract #
American Habilitation Nscott@ahsonline.com	Nona Scott	749-0900 / 749-1112	2012-34 th , 79411	820 / 001010002
CALAB, Inc. karla2818@aol.com	Karla Roberts	767-0685 / 767-0687	5313 B 50 th , 79414	884 / 001010005
Daybreak-Community Services daybreak-hcs.com	Cindy Davis	784-0722/784-0753	6306 Iola Ste 100, 79424 PO Box 98120	8DP / 001010012
Lubbock Regional jphea@lrl.mhmr.state.tx.us	Joe Phea	767-1668 / 767-1666	PO Box 2828, 79408	150 / 001010016
Rock House Support dperkins@rockhouseinc.com	Tempie Juliano	785-7144 / 785-7587	3212-34 th St, 79410	856 / 001010021
Special Care Services ceaton5403@aol.com	Cherry Ryan	797-9859 / 785-3289	5322 22 nd St, 79407	8GE / 001010001